

GEORGIOS ELEFThERIOU

Curriculum vitae



First name / Surname

GEORGIOS ELEFThERIOU M.D, Ph.D., MSc, Provider AHLS, E.R.T.

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C.F.

LFTGGS66D13Z115H

Nationality

Italian - Greek

Date of birth

13 April 1966

Gender

male

Education and training

2008-2009

School of Toxicology, University of Pavia, Italy

Degree Master (MSc) in "Risk assessment in Environmental Toxicology", date 16/12/2009.

Thesis title: Teratogenesis of autism - The endocrine disruptors"

Level in international classification: ISCED 6

2005-2008

School of Toxicology, University of Padua

Degree Research doctorate (Ph.D.) in Pharmacology and Toxicology, date 22/04/2008

Thesis title: Use of antidepressant drugs, antiepileptic drugs and retinoids in pregnancy

Level in international classification: ISCED 6

1998-2002

School of Toxicology, University of Padua

Degree Residency in Clinical Toxicology with graduation grade 70\70, date 12/12/2002.

Thesis title: Epidemiology of Poisoning in Bergamo Province, Italy

Level in international classification: ISCED 6

1994 November

Medical School, University of Milan, Italy

Qualification to practice as Medical Doctor

1987-1994

Medical School, University of Milan, Italy

Degree in Medicine with graduation grade 102\110, date 07/07/1994

Thesis title: The polycystic ovary syndrome

Level in international classification: ISCED 6

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Enrolment in the order Enrolment in the Order of Physicians and Surgeons of Brescia (Italy) N° 6117, date 23/01/1995

Mother tongue **Italian**

Other language **English**

- Reading ability - first-rate
- Writing skills - first-rate

Other language **Greek**

- Reading ability - excellent
- Writing skills - excellent
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Additional information

- Member of the European Association of Poison Control Centres and Clinical Toxicologists since 2003
- Member of the European Network of the Teratology Information Services since 2005
- Member of the Italian Society of Toxicologists since 2004
- Provider in Advanced Hazardous Material Life Support since 2008
- Certification on **RENTIC** registry (National Registry of Italian Certificated Toxicologists) since 2020.
- Certification **E.R.T.** (European Registered Toxicologist) on Eurotox Registry (Federation of European Toxicologists and European Societies of Toxicology) since 2020.

Work experience

01 April 2005 - to date

1st Assistant in Poison Control Centre, ASST Papa Giovanni XXIII, Bergamo, Piazza OMS 1 - 24128 Bergamo.

Specialized toxicological consultation to health care providers, emergency medical services and public, direct care of poisoned patients and consultation for drugs used in pregnancy and breastfeeding.

01 March 2002 - 31 March 2005

Clinical toxicologist consultant in Poison Control Centre, ASST Papa Giovanni XXIII, Bergamo, Piazza OMS 1 - 24128 Bergamo.

Specialized toxicological consultation to health care providers, emergency medical services and public, direct care of poisoned patients and consultation for drugs used in pregnancy and breastfeeding.

01 April 1995 - 31 December 1998

Primary Assistance Medical Doctor into the Assistance Continuity Service, Regional Health System; Via Duca degli Abruzzi, 15 - Brescia

Direct care of patients

01 April 1995 - 31 December 1997

Specialist emergency medical Service; Sanitary Residence For The Elderly - Opera Pia Casa Industria, Via Gambara Veronica, 6 (BS)

01 April 1995 - 31 December 1997

Assistance and scientific activity - Spedali Civili di Brescia; Pl. Spedali Civili, Unit of Endocrinologic Gynaecology



Activity

- Activities in the department

- Diagnosis, prognosis and treatment of accidental or voluntary, individual or collective intoxication and direct therapeutic intervention for patients in the emergency room
- Drug-toxicological telephone consultation for the diagnosis, prognosis and treatment of accidental or voluntary, individual or collective poisonings
- Management, holding and supply of antidotes
- Macro-chemical emergencies management
- Sensitization on toxicological risk and prevention of toxicological accidents
- Information / documentation service on the use of drugs during pregnancy and lactation (Teratology Information Service - TIS)
- Information service and documentation on foreign drugs and drug-drug interactions

- Institutional collaborations

Links and collaborations with the national institutions of:

- Health Protection Agency of Bergamo (Coordination and Programming of Family Consultants Promotion of the health of the child and of the mother in the Birth Path)
- Health Protection Agency of Milan (SSD Integration of Projects Health Area Department of SSB Primary care)

- Research activities

Participation in European scientific associations and academic societies

- **European Network of Teratology Information Services:** collaboration in maintaining project activities. Member of the Board of Directors since 30 September 2024.
- **European Association of the Poison Control Centers and Clinical Toxicologists:** collaboration and drafting projects of toxicological interest
- **Italian Society of Toxicology:** collaboration for research activities

Activities as Guest Editor of international journals

- October 2023, Guest Editor in to the Special of the International Journal of Environmental Research and Public Health on "Anxiety and Depressive Disorders among Pregnant and Breastfeeding Women"

- Development of institutional projects

1. Participation in the design of diagnostic guidelines and recommendations in collaboration with the departments of psychiatry and gynaecology for the pilot project "Life Preserver Mom: Screening for Depression in Pregnancy"
2. Participation in the project "Pregnant and Breastfeeding woman with Psychiatric Disorder" in collaboration with the departments of psychiatry and gynaecology
3. "Intoxication in Pregnancy" Project in collaboration with the Poison Centre in Milan and the Institute Superior of Health



4. "Pharmacological Interactions in the Cardio-Transplant Patient" project in collaboration with the Cardiac Surgery Department
5. Drafting of the operative protocol "Internal protocol for new-borns from mothers in therapy with antidepressant drugs" shared between the departments of Neonatology and Toxicology
6. Drafting of the "Internal protocol for women suffering from mental disorders" shared between the Psychiatry and Toxicology departments.
7. Drafting of the "Internal protocol for the Carbon Monoxide Intoxication in pregnant patients"
8. Coordination of the organization of the international conference ENTIS 2022", held in Bergamo on 8-10 September 2022
9. Coordination of the project of collaboration through EAPCCT and ENTIS in order to expand the network by offering collaboration and possibly training through webinars or other type of scientific information.

Case studies covered

Year	N° of telephone consultations	N° of patients visited	Year	N° of telephone consultations	N° of patients visited
2006	1815	207	2016	8455	201
2007	2177	185	2017	7901	229
2008	2184	198	2018	7997	187
2009	2628	164	2019	7176	147
2010	3577	177	2020	6523	164
2011	3285	164	2021	7501	141
2012	4263	179	2022	8180	136
2013	4237	160	2023	7151	114
2014	4668	199			
2015	5898	137			

Continuing Medical Education (CME)

Year	CME	Year	CME	Year	CME
2002	7	2010	37	2018	600.0
2003	8	2011	5.3	2019	158.5
2004	33	2012	16	2020	176.4
2005	---	2013	20.3	2021	233.9
2006	12	2014	141.4	2022	227.5
2007	24	2015	150.0	2023	139.7
2008	38	2016	90.0		
2009	18	2017	210.0		

Signature

The undersigned is aware that, pursuant to art. 76, of the D.P.R. of 28 December 2000, n. 445, false declarations, false documents and the use of false deeds are punished according to the penal code and special laws.

I authorize the processing of my personal data pursuant to Legislative Decree 30 June 2003, n. 196 "Code regarding the protection of personal data".